

Our (CEP) Community Eligibility Program entitles every student to a free breakfast and lunch every school day

APRIL 2024

Cherry Valley-Springfield Central School

Offer vs. Serve
Cafeteria must offer all 5 meal components
Students **MUST** choose a fruit or vegetable & at least 2 other components (Total of 3)
Students may choose up to all 5 components.

Monday

Tuesday

Wednesday

Thursday

Friday

No School

No School

No School

No School

No School

No School

New York State Hot Dog
Whole Grain Bun
French Fries
Fresh Fruit, Milk

Macaroni & Cheese
Whole Grain Roll
Steamed Broccoli
Fresh Fruit, Milk

NYS Meatball Sub
w/ Mozz Cheese
Whole Grain Roll
Tossed Salad w/ Cukes,
Tomatoes, Red Onions
Fresh Fruit, Milk

National Grilled Cheese Day!
Grilled Cheese & Tomato Soup
Baby Carrots, Goldfish
Fresh Fruit, Milk

Chef Salad w/ Ham, Turkey &
Cheese, HB Egg, Tomatoes,
Cukes, Red Onion
Whole Grain Roll
Fresh Fruit, Milk

Hamburger/Cheeseburger
w/ NYS Beef
Whole Grain Bun
L.T.O.P
Sweet Potato Fries
Fresh Fruit, Milk

Deli Day
Ham, Turkey or Bologna
Whole Grain Bread
L.T.O.P,
Coleslaw
Fresh Fruit, Milk

Herb Roasted Chicken
Whole Grain Roll
Baked Potato w/ Sour Cream
Fresh Fruit, Milk

Pepperoni or Cheese Pizza
Whole Grain Crust
Hummus w/ Veggies
Fresh Fruit, Milk

Baked Mozzarella Sticks
Marinara Sauce
Whole Grain Roll
Fresh Fruit & Veggie Bar
Milk

Chicken & Cheese Quesadillas
Whole Grain Tortilla, Salsa,
Sour Cream, Lettuce
Black Bean/Corn Salad
Fresh Fruit, Milk

Ham & Cheese on Pretzel Roll
L.T.O.P
Celery/Cucumber Slices
Baked Lays
Fresh Fruit, Milk

Brunch for Lunch
Sausage, Egg & Cheese on
English Muffin **OR**
French Toast Bites
Sausage Links w/Roasted
Potatoes, Applesauce

No School

General Tso Chicken
Steamed Brown Rice
Stir Fry Vegetables, Egg Roll
Orange Wedges
Milk

Fishsticks w/ Tartar Sauce
Whole Grain Roll
Baked French Fries
Coleslaw
Fresh Fruit, Milk

Our school is participating in the NYS Farm to School Initiative.
A majority of our fruits and vegetables are coming from local farms, such as Limespring Farm and Dream Weaver Farms.

Alternative Entrée's offered Daily
Peanut Butter & Jelly
Yogurt & Cheesestick
Salad Bar

